

BOLLES

COMPETITION CODE OF CONDUCT

General Swim Meet Policies

1. Meet warm-up times, which are set by the staff and published on the www.bollesswimming.org website, are to be strictly adhered to by all team members.
2. In general, it is preferred that team members check with the coaches prior to leaving a meet. Should it become necessary for a swimmer to leave a meet early, his/her coach must be notified.
3. Swimmers are expected to meet with their coach before and after each of their events.
4. In prelim & final meets, all swimmers who qualify to compete in the finals are expected to participate in the finals. All team members are strongly encouraged to return to the finals sessions to support the team and take advantage of the opportunity to learn from watching the finals. At times, alternate and relay positions open up that need to be filled.
5. Swimmers are not to bring cell phones to the pool during meets. Coaches reserve the right to confiscate cell phones from any swimmers who violate this policy. In case of emergency, swimmers will be able to use a coach's phone.
6. While music can help some swimmers prepare to race, the coaching staff reserves the right to instruct swimmers to either put their iPod or similar device away or to confiscate it if it is deemed the swimmer uses such device to disengage themselves from supporting the team. Swim meets mean being part of a team, and unless a swimmer is in the midst of immediate race preparation their focus should be on supporting their teammates.
7. All team members are expected to wear Bolles Sharks team gear. Bolles is sponsored by TYR and all team members are expected to purchase and wear Bolles/TYR clothing and gear. The coaching staff will designate which color t-shirts to wear to meets. Be proud to wear your blue and orange. Your personal appearance shall be neat and appropriate at all times.
8. Swimmers are expected to sit with the team and participate in all team meet activities and team meetings.
9. Team members and parents are expected to display proper respect and sportsmanship toward coaches, officials, meet administrators, and fellow competitors.
10. As a matter of team pride and courtesy to the meet host, swimmers are expected to leave the Bolles team area in a neat and clean condition at the conclusion at each session of the meet.
11. All questions swimmers or parents may have concerning meet results, an officiating call, or the conduct of a meet, should be referred to the Bolles coaching staff only. Our coaches, in turn, will pursue the matter through appropriate channels.



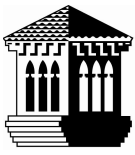
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12. In accordance with USA Swimming rules, parents are expected to remain in the spectator area and off the immediate competitive deck unless they are working the meet in an official capacity.

Team Travel Policies

1. All team members are reminded that when traveling on trips, competing in meets, and attending other meet- related functions, you are representing both yourself and the Bolles program. Your behavior must positively reflect the high standards of the club.
2. Alcohol, tobacco, any controlled substance and any drug paraphernalia is strictly prohibited. Any violation of this policy may result in immediate dismissal from the team.
3. All swimmers traveling with the team will attend all team functions and are expected to know all travel/meeting schedules and strictly adhere to them. Coaches will establish warm-up times and other trip related timetables as needed. Being prompt and on time is essential.
4. Swimmers are expected to remain with the team at all times during a trip. Swimmers are not to leave the pool, the hotel, or any other place at which the team has gathered without the permission of a coach.
5. Rooms and travel vehicles are to be treated with respect and kept neat. Belongings should be kept together and all trash deposited appropriately. Any damage to rooms or vehicles will be the responsibility of the parties involved and may result in being sent home early from a trip.
6. Male swimmers are not allowed in female swimmers' hotel rooms, nor are female swimmers permitted in male swimmers' rooms.
7. When shaving for a championship meet, swimmers must do so in their assigned hotel rooms only. Swimmers will not be permitted to shave in any other room, any other part of the hotel, or at the pool.
8. Swimmers are to refrain from inappropriate physical contact at all times.
9. All swimmers are expected to strictly adhere to the curfew established by the coaching staff. At curfew, all lights, TV's, electronic equipment, etc. must be turned off and no talking is permitted.
10. Swimmers are expected to be quiet and respect the rights of teammates and other hotel guests during evening hours and the rest time between prelims and finals. There is to be no telephone use after curfew and no room-to-room telephone use during afternoon rest time.



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11. All telephone and incidental room charges must be paid prior to curfew on the final night of the trip.
12. When group meals are contracted for with a hotel or restaurant, all swimmers and chaperones on the trip are expected to participate in and share the cost of these meals.
13. Swimmers are expected to travel with and stay with the team on team travel trips. Any exceptions to this policy must be approved by the Head Coach or his designee prior to the trip.
14. Violation of these rules will result in disciplinary action, including the possibility of being sent home from the meet at the expense of the swimmer's family.

I have read and understand this Code of Conduct and by this signature, agree to abide by it.

Swimmer's Signature: _____ Date: _____

Parent's Signature: _____ Date: _____