

Bolles School Sharks TYR Winter Short Course Invitational
February 5–7, 2010
Hosted at Cecil Field Aquatics Center, Jacksonville, Florida

Sanctioned by: Florida Swimming of USA Swimming # 5022

Condition of Sanction: The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Sponsored by: The Bolles School & The Bolles School Sharks

Type of Meet: 8 & under, 10, & under, 11-12 and Senior Timed Finals, 25 yard Short Course.

Dates & Times: Friday, February 5, 2010
Afternoon Timed Finals Session 4:30 p.m. (10 & Under, 11 & 12 Senior)
Saturday, February 6, 2010
Morning Timed Final Session, 8:00 a.m. (Senior)
Afternoon Timed Final Session, Not before 12:00 p.m. (8& Under, 10 & Under, and 11-12)
Sunday, February 7, 2010
Morning Timed Final Session, 8:00 a.m. (Senior)
Afternoon Timed Final Session, Not before 12:00 p.m. (10 and Under and 11-12)

Location: Cecil Aquatics Center
13611 Normandy Blvd.
Jacksonville, FL 32221

Ph# (904) 573-8994

To see pictures of the venue please click on to the link below

<http://www.coj.net/Departments/Parks+and+Recreation/Recreation+Activities/Cecil+Recreation+Complex/default.htm>

Pool Specifications: One 25 yard course of 10 lanes certified indoor heated pool or two 8 lane 25 yard courses with minimum water depth at the competition starting end of 5'0", non-turbulent lane lines.

Timing Equipment: Colorado timing system and back up; *Hytek Meet Manager for Windows* will be used to score the meet.

Teams/Swimmers must provide their own timer on all events 400 yds and greater in the Meet.

Warm-up: Friday Afternoon – 3:30 to 4:20 p.m., 4:30 p.m. start
Saturday Morning – 7:00 to 7:50 a.m., 8:00a.m.start
Saturday Afternoon – Approximately 11:00 to 11:50 a.m., Start Not Before 12:00 p.m.*
Sunday Morning – 7:00 to 7:50 a.m., 8:00am start
Sunday Afternoon – Approximately 11:00 to 11:50 a.m., Start Not Before 12:00p.m.*
Continuous warm-up will be available during all sessions in the adjacent pool/diving well.

* Swimmers in the Sat/Sun afternoon sessions will be given a minimum of 30 minute warm-up on a competition course following the completion of morning session events, prior to the start of the meet.

Eligibility: Open to all USA Swimming registered swimmers.

Entry Limit: Meet will be limited to the first 700 swimmers entered. Swimmers are limited to eight (8) individual events for the meet and up to three (3) individual events entered per day. Any swimmer entered in excess of this limit will be considered as entered in the first three (3) individual events that day and scratched from all subsequent events entered that day.

Seeding: 25-yard short course times will be used for seeding. Conversions may be made using the formula in the 2009 Florida Swimming handbook or by the standard computer software used to prepare your entry.

Swimmers in individual events that are deck seeded must check in with the Clerk of Course by the designated and announced time prior to the start of the event to be seeded (see order of events for deck-seeded events, swimmer limits and deadlines).

Scratches: No penalty for scratching at the blocks in pre-seeded timed final events.

Any swimmer that checks in for an individual event requiring positive check-in that subsequently fails to compete in that event after the event is seeded shall be scratched from the next event entered. The Meet Referee may, in the event of certification of illness or injury, declare that no penalty will be imposed.

Entry Form: All entries must be submitted on the enclosed entry forms that will also serve as proof of entry (see exception for computer disk entry below). The current USA Swimming registration number for each entered swimmer must be listed on the entry form. A member of USA Swimming, who has completed the form, must sign the Master Entry Form.

Diskette Entries: In addition to the above form, teams are encouraged to provide their entries on 3.5" floppy diskette in a format readable by the *Hytek for Windows Meet Manager* software that will be used to run the meet. Any team so entering will be provided with a results disk at the conclusion of the meet. Teams electing to enter the meet in this manner **must provide** a signed Master Entry form and print out of their athletes' entries as proof of entry. The Order of Events for Hytek's Team Manager software may be downloaded from the Florida Swimming and/or Hytek web sites.

We will strive to have the Hytek event files posted on our web site (www.bollesswimming.org) and/or the Florida Swimming web site (www.floridaswimming.org) for downloading and importing to Team Manager for those teams submitting entries on diskette. You may also have this file e-mailed to you by contacting Martin Zubero at the phone number or e-mail address listed below.

Deck Entries: Deck entries will be accepted on a lane available basis. No new heats will be created.

Entry Fee: Facility Fee - \$7.50 per swimmer
Deck Entered Events - \$10.00 per event
Individual Events – \$3.00 per event

Entry Deadline: Thursday, January 28, 2010. Please mail entries to:

Martin Zubero (904) 256-5212
c/o The Bolles School Sharks
7400 San Jose Boulevard
Jacksonville, FL 32217

e-mail- for meet information

ZuberoM@bolles.org

FOR HYTEK ENTRIES ONLY

bollesswimming@yahoo.com

Enclose check or money order, payable to the Bolles School Sharks for all entry fees. Express Mail or other rapid mail service delivery is preferred; Faxed and/or e-mailed entries will **not** be accepted without the **prior** approval of Martin Zubero.

Officials: Referee – Sue Talwar
Starter – Jeff Breault
Chief Judge– Satomi Sugishita

Admin Ref – Kristy Gavin
Meet Marshall- Jason Calanog

Officials available to officiate at any session(s), please email: susan.talwar@dla.mil

Awards: Ribbons will be awarded for first through eighth places in all 8 & U, 10 & U and 11-12 events

Rules: Current USA Swimming Technical Rules and Regulations will govern the conduct of this meet. Safety rules, as by USA Swimming and as outlined recognized by the Head Marshall, will be in effect during all warm-up periods and in all warm-up areas. No equipment (hand paddles, kick boards, etc.) will be allowed in any warm-up area.

Starting Procedures: "Fly-over" starting procedures will be utilized.

In addition, the Meet Referee may combine heats in order to meet the time line constraint of 4 hrs/session.

Identification: Coaches and Officials shall wear their USA Swimming registration card in a conspicuous location at all times while on deck during the meet.

Coach Supervision: All swimmers participating in the meet must be supervised by an USA Swimming Certified Coach.

Team Representative: Prior to the start of the meet, the name of one person other than the coach who will check with the Meet Referee about any matter pertaining to the meet may be given to the Meet Referee. The coach(es) and that person only will be recognized.

Information: Martin Zubero – (904)256- 5212

WARM-UP SCHEDULE

**** NO EQUIPMENT**

**** ONE HAND ON THE DECK OF THE POOL WHEN NOT DOING A RACE START**

GENERAL WARM-UP UNTIL 30 MINUTES PRIOR TO START OF SESSION

LANE

- 1 Pace 50 and 100 circle swimming, push off
- 2 Pace 50 and 100 circle swimming, push off
- 3 Swimming and pulling, push off
- 4 Swimming and pulling, push off
- 5 Swimming and pulling, push off
- 6 Swimming and pulling, push off
- 7 Swimming and pulling, push off
- 8 Pace 50 and 100 circle swimming, push off

CONTROLLED WARM-UP FINAL 30 MINUTES PRIOR TO SESSION

LANE

- 1 Pace 50 and 100 circle swimming, push off
- 2 Racing start 50's (one length) from start end only
- 3 Racing start 50's (one length) from start end only
- 4 Swimming and pulling, push off
- 5 Swimming and pulling, push off
- 6 Swimming and pulling, push off
- 7 Racing start 50's (one length) from start end only
- 8 Pace 50 and 100 circle swimming, push off

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February 5 - 7, 2010
 Hosted at Cecil Field Aquatics Center, Jacksonville, Florida

Order of Events

Friday Evening, February 5, 2010

Warm- up 3:30pm
 Events - 4:30pm

**Girl's & Boy's Combined
 Events**

| <u>#</u> | <u>Age Group</u> | <u>Event</u> |
|----------|----------------------|-------------------------|
| 1 | 10 & U | 200 y Individual Medley |
| 2 | 11 & 12 | 200 y Individual Medley |
| 3 | Senior | 400 y Individual Medley |
| 4 | 10 & U | 500 y Freestyle |
| 5 | 11 & 12 | 500 y Freestyle |
| 6 | Senior | 500 y Freestyle |

*Events 3/4/5/6 require positive check-in by 3:45 p.m. and will be swum FASTEST to SLOWEST.
Teams/Swimmers must provide their own timer. Meet management reserves the right to limit events 3/4/5/6 to fastest checked-in swimmers in order to remain under a 3 1/2 hr timeline*

Saturday Morning, February 6, 2010

Warm- up 7:00 am
 Events- 8:00 am

Girls' Events

| <u>#</u> | <u>Age Group</u> | <u>Event</u> |
|----------|----------------------|-------------------------|
| 7 | Senior | 200 y Freestyle |
| 9 | Senior | 100 y Butterfly |
| 11 | Senior | 200 y Backstroke |
| 13 | Senior | 100 y Breaststroke |
| 15 | Senior | 200 y Individual Medley |
| 17 | Senior Combined | 1000 y Freestyle |

**Boys'
 Events**

| <u>#</u> |
|----------|
| 8 |
| 10 |
| 12 |
| 14 |
| 16 |

*Event 17 requires positive check-in by 08:00 a.m. **Teams/Swimmers must provide their own timer.**
 Events will be limited to six (6) total heats and will be swum FASTEST to SLOWEST. The event will be divided amongst the fastest checked-in swimmers by gender.*

Saturday Afternoon, February 6, 2010

Warm- up 11:00 am
 Events -12:00 pm

Girls' Events

| <u>#</u> | <u>Age Group</u> | <u>Event</u> |
|----------|----------------------|-----------------|
| 19 | 10 & U | 200 y Freestyle |
| 21 | 11 & 12 | 200 y Freestyle |
| 23 | 8 & U | 25 y Butterfly |
| 25 | 10 & U | 100 y Butterfly |

**Boys'
 Events**

| <u>#</u> |
|----------|
| 20 |
| 22 |
| 24 |
| 26 |

| | | | |
|----|---------|--------------------|----|
| 27 | 11 & 12 | 100 y Butterfly | 28 |
| 29 | 8 & U | 25 y Backstroke | 30 |
| 31 | 10 & U | 50 y Backstroke | 32 |
| 33 | 11 & 12 | 50 y Backstroke | 34 |
| 35 | 8 & U | 25 y Breaststroke | 36 |
| 37 | 10 & U | 100 y Breaststroke | 38 |
| 39 | 11 & 12 | 100 y Breaststroke | 40 |
| 41 | 8 & U | 25 y Freestyle | 42 |
| 43 | 10 & U | 50 y Freestyle | 44 |
| 45 | 11 & 12 | 50 y Freestyle | 46 |

Sunday Morning, February 7, 2010

Warm- up 7:00 am

Events 8:00 am

Girls' Events

Boys' Events

| <u>#</u> | <u>Age Group</u> | <u>Event</u> | <u>#</u> |
|----------|------------------|--------------------|----------|
| 47 | Senior | 100 y Freestyle | 48 |
| 49 | Senior | 200 y Butterfly | 50 |
| 51 | Senior | 100 y Backstroke | 52 |
| 53 | Senior | 200 y Breaststroke | 54 |
| 55 | Senior | 50 y Freestyle | 56 |
| 57 | Senior Combined | 1650 y Freestyle | |

*Event 57 requires positive check-in by 08:00 a.m. **Teams/Swimmers must provide their own timer.** Events will be limited to six (6) total heats and will be swum FASTEST to SLOWEST. The event will be divided amongst the fastest checked-in swimmers by gender.*

Sunday Afternoon, February 7, 2010

Warm- up: 11:00 am

Events -12:00 pm

Girls' Events

Boys' Events

| <u>#</u> | <u>Age Group</u> | <u>Event</u> | <u>#</u> |
|----------|------------------|-------------------------|----------|
| 59 | 10 & U | 100 y Freestyle | 60 |
| 61 | 11 & 12 | 100 y Freestyle | 62 |
| 63 | 10 & U | 50 y Butterfly | 64 |
| 65 | 11 & 12 | 50 y Butterfly | 66 |
| 67 | 10 & U | 100 y Backstroke | 68 |
| 69 | 11 & 12 | 100 y Backstroke | 70 |
| 71 | 10 & U | 50 y Breaststroke | 72 |
| 73 | 11 & 12 | 50 y Breaststroke | 74 |
| 75 | 10 & U | 100 y Individual Medley | 76 |
| 77 | 11 & 12 | 100 y Individual Medley | 78 |

Master Entry Form

Team name: _____ Call Letters: _____

Address: _____

Coach: _____ Home phone: _____ Office: _____

Swimmers/Coach Registration

I certify that all individuals listed on the attached forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the USA Swimming listed member coaches will be on deck supervising during warm-up and competitive sessions at the meet.

| Name of Coach: | Team: |
|----------------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

I certify that all individuals listed above are currently registered USA Swimming Coach Members, and that I am a current USA Swimming registered Non-athlete member.

Signature (must be USA Swimming member) Team _____ Date _____

Entries must be received by Thursday, January 28, 2010. Please submit entries to:
Martin Zubero (904) 256-5212
c/o The Bolles School Sharks e-mail: bollesswimming@yahoo.com
7400 San Jose Boulevard
Jacksonville, FL 32217

Financial Recap

We have entered the following:
TOTAL SWIMMERS _____ @ \$7.50 EACH = \$ _____
INDIVIDUAL EVENTS:

Timed Finals _____ @ \$3.00 EACH = \$ _____

TOTAL FEES DUE \$ _____

Enclose check for the above amount payable to the Bolles School Sharks